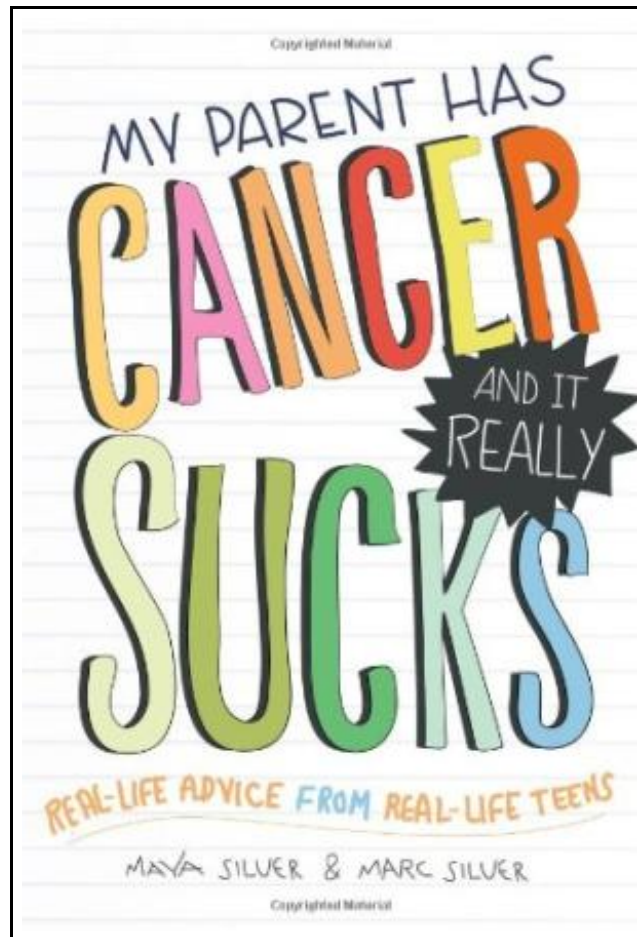


My Parent Has Cancer and it Really Sucks



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Sourcebooks, Inc, United States, 2013. Paperback. Book Condition: New. 208 x 137 mm. Language: English . Brand New Book. Real-life advice from real-life teens Currently one million American teenagers live with a parent who is fighting cancer. It s a hard blow for those already navigating high school, preparing for college, and becoming increasingly independent. My Parent Has Cancer and It Really Sucks is the first book written especially for teens to help during this tough time. Author Maya Silver was 15 when her mom was diagnosed with breast cancer in 2001. She and her dad, Marc, have combined their family s personal experience with advice from dozens of medical professionals and real stories from 100 teens--all going through the same thing Maya did. In a highly designed, engaging style, this book gives practical guidance that includes: - how to talk about the diagnosis (and what does diagnosis even mean, anyway?) - the best outlets for stress (punching a wall is not a great one, but should it happen, there are instructions for a patch job) - how to deal with friends (especially one the ones with pity eyes) - whether to tell the teachers and guidance counselors and what they should know (how not to get embarrassed in class) - what happens in a therapy session and how to find a support group if you want one A special section for parents also gives tips on strategies for sharing the news, making sure your child doesn t become the parent, what to do if the outlook is grim, and tips for how to live life after cancer. My Parent Has Cancer and It Really Sucks allows teens to see that they are not alone. That no matter how rough things get, they will get through this difficult time....



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